hrough community wide education, collaboration, and advocacy, Westmont's Dementia Friendly Committee aims to maximize the quality of life, participation, and independence for residents living with dementia and their caregivers.

The committee consists of businesses and agencies that have frequent contact with Westmont residents, and their goal is to provide compassionate support and vital resources to those with memory impairments and their caregivers. Questions can be directed to dementiafriendlywestmont@ westmont.il.gov.

A list of members of the Dementia Friendly Committee follows.

# Westmont Police & Fire Departments

#### westmont.illinois.gov

Police 630.981.6300 • Fire 630.981.6400 First responders have been trained on how to respond to people with dementia and best practices when providing them with emergency services. Filing for the Illinois Premise Alert Program allows residents to provide critical information for those with dementia in case of an emergency.

#### **Village of Westmont**

westmont.illinois.gov 630.981.6200 Provides municipal services to all residents of Westmont with staff who are trained in dementia friendly practices.

#### **Westmont Chamber of Commerce**

westmontchamber.com 630.960.5553 Connects residents with businesses who support dementia friendly practices.

### **Westmont Public Library**

westmontlibrary.org 630.869.6150 Offers memory cafes, dementia awareness programs, materials, and staff who are trained in dementia friendly practices.

### Westmont Park District & Senior Center

westmontparks.org

630.969.8080

The Senior Center offers classes, education, and a monthly senior newsletter.

# **Aspired Living of Westmont**

pathwaysl.com

630.960.4400

An Assited Living and Memory Support community. Staff members are trained in dementia friendly practices.

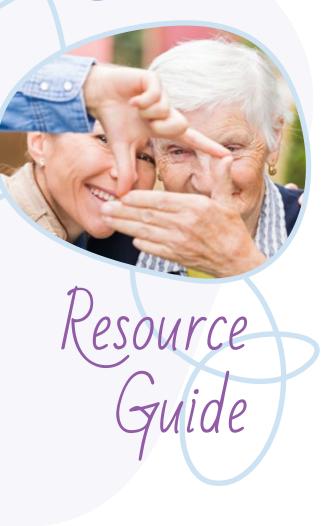
### **Westmont Pharmacy**

westmontpharmacy.com

630.969.2043

Full service pharmacy and medical equipment supplier with staff who have that been trained in dementia friendly practices.

# Dementia Friendly Westmont



General Resources

#### AgeGuide ageguide.org

800.528.2000

Advocacy and coordination of resources such as meals, transportation, caregiver and family support.

#### **DuPage County Senior Services**

dupageco.org/seniorsvcs 630.407.6500 ext 2

Family caregiver support, information and assistance, respite care, and legal assistance to caregivers of older persons.

## **Metropolitan Family Services**, **Dupage Center**

metrofamily.org 630.784.4800 Counseling, caregiver support, and protective services.



## **Alzheimer's Association**

#### alz.org

800.272.3900

Help and support, education, local chapters, advocacy, and support group directory.

### Amita Health\*

amitahealth.org

1.855.MyAMITA

Clinical Intake Advisors offer support 24 hours per day, seven days per week to help find care and support options.

# **Rush Alzheimer's Disease Center\***

rushu.rush.edu/research 312.563.9197 Provides patient care services at the Rush Memory Clinic, including neurological and psychological evaluations and consultation with Alzheimer's specialists.

\*Members of the Dementia Friendly Committee.

Dementia Caregiver Support Groups

# **Alzheimer's Association**

alz.org

24/7 Helpline

800.272.3900 Greater IL Chapter 847.933.2413

Resource finder provides a directory of in-person support groups as well as a link to Alzheimer's Association online support community.



Adult Day Care

# **Community Adult Day Center, Downers Grove**

communityadultdaycenter.org 630.968.1060

Provide respite to family caregivers, therefore lessening the stress of full time caregiving and allowing many caregivers to remain in the workforce. Also offers caregiver support groups.

# **Esse Adult Day Center**

esseadultdaycare.org

Glen Ellvn 630.858.1005 630.260.3773 Wheaton

Give respite to caregivers by providing a structured, supervised environment for their loved ones.