



Downers Grove Township

Human Services

Frank Wurster - Supervisor

Services and Information

For citizens in the Downers Grove Township and surrounding areas

Downers Grove Township: Senior Services

- **Banner News** - newsletters for seniors are available on the Township website - www.dgtownship.com
- **Documents** - the Township office provides the following documents: Benefit Access Program, Living Wills, Durable Powers of Attorney, lists of Home Health Care Agencies, Senior Housing, Long Term Care Facilities and Vision Specialist Report. Assistance with completing forms, contact Hanna Benioff, by appointment only - (630) 719-6682.
- **Senior Health Insurance Program (SHIP)** - a free statewide health insurance counseling service for Medicare beneficiaries and their caregivers, (800) 942-9412. Trained counselors will:
 - answer questions about Medicare, Medicare Supplement, long term care insurance
 - other health insurance questions
 - organize and assist in filing Medicare and Medicare Supplement claims
 - analyze Medicare Supplement and long term care
 - <http://www.dupageco.org/vae>
- **Extra Medicare Drug Assistance** - help is available to eligible people who cannot afford the Medicare drug benefit. To obtain a form, call the Social Security Administration at (800) 772-1213 or the Illinois Department of Aging Senior Help Line - (800) 252-8966 - www.socialsecurity.gov
- **Senior Resource Directory** - is available from DuPage County, free if picked up at the county, there is a fee for mailing - (800) 942-9412 - www.co.dupage.il.us
- **Vintage Times** - a monthly cable television program for seniors. DVD copies are available for loan at public libraries in Downers Grove, Darien and Westmont as well as the Township.

Caregiver & Respite Health & Home

- **Adult Day Care** - 4501 Main Street, Downers Grove - (630) 968-1060 - www.communityadulthooddaycare.com
- **Grandparents Raising Grandchildren** - Metropolitan Family Services, DuPage - (630) 784-4800 - www.metrofamily.org
- **Hospice**
 - Advocate Hospice - 1441 Branding Ave Ste 200 Downers Grove, IL 60515 - (630) 963-6800 - www.advocatehealth.com
 - St. Thomas Hospice - 119 E Ogden Ave Ste 111, Hinsdale, IL 60521 - (630) 856-6990 - www.keepingyouwell.com
 - Vitas Hospice Services - 10216 Werch Drive, Woodridge, IL 60517 - (630) 410-4580 - www.vitas.com
- **Nursing Homes** - list available at the Township office

Email: humanservices@dgtownship.com

- **DuPage County Health Department** - 422 N. Cass, Westmont, IL 60559 - (630) 682-7400 - www.dupagehealth.org
- **Enroll DuPage** - one-stop source for information regarding the Affordable Care Act (ACA) - (888) 724-0077 - www.enrolldupage.org
- **Hearing Aid Helpline** - Chicago Hearing Society - (773) 248-9121, TTY or (773) 248-9174 - www.chicagohearingsociety.org
- **Home Health Care Agencies** - list available at the Township office
- **Marianjoy Rehabilitation Hospital** - (630) 909-8000 - www.marianjoy.org
- **Community Care Program** - offers affordable help for the activities of daily living. This allows seniors who would be forced to enter a nursing home the choice of remaining in their own homes. Income based program, call DuPage County Senior Services - (800) 942-9412 or (630) 407-6500 - www.co.dupage.il.us
- **Dental Lifeline Network** - a fully equipped, portable dental office can be set-up at bedside or in other facilities. Contact Boris Truckman - (312) 440-8976 - www.nfdh.org
- **Doctor at Home** - board certified physicians and medical assistants coming right to your home to make you well and healthy - (224) 653-9000 - www.drathome.com

Consumer Protection / Human Rights

- **Better Business Bureau of Chicago and Northern Illinois, Inc.** - State Office: 330 N. Wabash Ave, Suite 3120, Chicago, IL 60611. Hours: Monday through Friday 9:00 am – 5:00 pm - (312) 832-0500 - www.chicago.bbb.org
- **"Achieving Independence and Mobility" & "Center for Independent Living" (AIM & CIL)** - empower persons with disabilities to effectively control and direct their lives. The Center provides training, community development, and advocacy to enable persons with disabilities to fully participate in family, social, and community life - 3130 Finley Road, Suite 500, Downers Grove, IL 60515 - (630) 469-2300 (voice/tdd) - www.dupagecil.org
- **Equal Employment Opportunity Commission (EEOC)** - responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information - 500 W Madison Street, Suite 2000, Chicago, IL 60661 - 800-669-4000 - www.eeoc.gov
- **Equip for Equality** - advancing the Human & Civil Rights of People with Disabilities in Illinois - 20 North Michigan Avenue, Suite 300 Avenue, Chicago, IL 60602 - (312) 341-0022 - www.equipforequality.org
- **Hope Fair Housing Center** - dedicated to eliminating housing discrimination and segregation because race, color, religion, national-origin, sex, disability, family status or any other characteristic protected under state or local laws - 245 W. Roosevelt Road, Building 15, Suite 107, West Chicago, IL 60185-3739 - (630) 690-6500 or (630) 690-6533 (tty) - <http://hopefair.org>
- **Illinois Department of Human Rights** - prohibits discrimination with respect to employment, financial credit, public accommodations and real estate transactions on the bases of race, color, religion, sex (including sexual harassment), national origin, ancestry, military status, age (40 and over), order of protection status, marital status, sexual orientation (which includes gender-related identity), unfavorable military discharge and physical and mental disability. Also prohibits sexual harassment in education, discrimination because of citizenship status and arrest record in employment, and discrimination based on familial status in real estate transactions. Charges must be filed within 180 days of the date you believe the discrimination took place. Monday through Friday: 8:30 am – 5:00 pm, James R. Thompson Center, 100 W. Randolph Street, Suite 10-100, Chicago, IL 60601 - (312) 814-6200 - www2.illinois.gov
- **Illinois Office of the Attorney General** - Chicago Office - 100 W. Randolph Street, Chicago, IL 60601
 - Consumer Fraud - (800) 386-5438
 - Crime Victim Compensation - (800) 228-3368
 - Environmental Crimes - (888) 288-9436

- Healthcare - (877) 305-5145
- Home Owner - (866) 544-7151
- Identity Theft - (866) 999-5630
- Illinois Sex Offender Registration Team - (888) 414-7678
- Military & Veterans Assistance - (800) 382-3000
- Recalls - (888) 414-7678
- Senior Citizens Consumer Fraud Hotline - (800) 243-5377
- Spanish Language - (866) 310-8398
- Victim Assistance - (800) 228-3368
- Website - www.illinoisattorneygeneral.gov

Counseling

- **Associates in Family Care** - 842 Curtis, Downers Grove - (630) 983-0600 ext 10 - www.associatesinfamilycare.com
- **DuPage County Division of Human Services** - (800) 942-9412 - www.dupageco.org
- **Metropolitan Family Service DuPage** - visits at office or at home - Senior Services call Janet Driscoll - (630) 784-4801 - www.metrofamily.org

Disabilities

- **Assistive Devices** - Illinois Assistive Technology Project - (800) 852-5110 - www.iltech.org
- **Chicago Hearing Society** - (773) 248-9121 - www.chicagohearingsociety.org
- **Chicago Lighthouse for the Blind** - (312) 666-1331 - www.chicagolighthouse.org
- **Ray Graham Associates For People with Disabilities** - 901 Warrenville Road #500, Lisle, IL 60532 - (630) 620-2222 - www.raygraham.org
- **Hearing** - assistive devices, HITEC - (800) 288-8303 - www.hitec.com
- **Parking Cards** - application must be completed by a physician and submitted to the Secretary of State's Office, Village Halls or local Police Departments:
 - **Permanent Parking Cards** - must be recertified every four years at the Secretary of State's Office or Secretary of State Vehicle Services Department
 - **Temporary Parking Cards** - valid up to six months – Mail to: Persons with Disabilities License Plates/Placard, Unit 501, S. Second Street, Rm. 541, Springfield, IL 62756 - (800) 252-8980 - www.cyberdriveillinois.com
- **Vision** - Spectrios Institute, after age 65, have your eyes checked every 1 to 2 years. Deicke House, 219 E Cole Avenue, Wheaton, IL 60187 - (630) 690-7115 - www.spectrios.org

Driving / Transportation

- **AARP** - Driver Safety Program - (888) 227- 7669 - www.aarp.org
- **DuPage County Senior Services** - (630) 407-6500 - www.dupageco.org
- **State of Illinois Rules of the Road Classes** - review the "Rules of the Road Manual" for the Illinois Drivers Exam - (800) 252-8980 - www.cyberdriveillinois.com/services
- **License Place Discount** - if you qualify for the Benefit Access Program you will receive a discount on your license plate fee.
- **Ride Free Transit Card** - if you qualify for the Benefit Access Program, only the new Ride Free Transit Card will be accepted on the CTA Pace buses, Metra trains. Eligibility requirements for the above programs:
 - Age 65 or older
 - Age 16 or older and permanently disabled
 - Live in Illinois at the time of filing a claim
 - \$27, 610 for a household of one
 - \$36, 635 for a household of two
 - \$45,657 for a household of three

- **ADA Special Services for Disabled Persons** - PACE (312) 663-4357 - www.pacebus.com
- **Dial-A-Ride** - a transportation service for persons over age 65 and disabled persons of any age. Anywhere within Township boundaries, Monday through Friday 8:00 am – 4:00 pm. Reserved up to two days in advance. Rides for medical appointments can be scheduled up to seven days in advance. One-way trip: \$5.00. Must have RTA card and register at the Township office - (630) 719-6685 - www.dgtownship.com
- **RTA Ride Card** - applications for person's age 65 or older, or for persons with disabilities are available at Township office - (630) 719-6685
- **Subsidized Taxicab Coupons**
 - Burr Ridge, Karen Thomas - (630) 654-8181
 - Downers Grove, Sue or Lynn - (630) 434-5959
 - Darien - (630) 852-5000
 - Willowbrook - (630) 323-8215
- **Taxi Cab Companies**
 - **Alliance Taxi** - \$2 fee, \$2.40 per mile - (630) 968-1323 - www.alliancetaxiservice.com
 - **American Taxi Inc** - \$2 fee, plus \$2 fuel charge, \$2 per mile (local), \$2.40 per mile (non-local) - (630) 920-9480 - www.american-taxi.com
 - **Flat Rate Cab Dispatch, Inc** - \$2 fee, \$2.00 per mile (5 miles or under, flat rate of \$10) Note: When gas prices reach \$3.85/gal or higher – \$3 surcharge is added to all rates - no meter - www.flatratecab.net - (630) 748-8894 or (866) 977-3528
 - **Non - Emergency Freedom First Transportation (John)** - wheel chair accessible, will only work with disabled and seniors. Usually \$40 first 10 miles - 200 Poplar Place, N. Aurora, IL 60542 - (630) 896-6063 - www.freedomfirsttransportation.com
 - **303 Taxi** - \$2.25 fee, \$1.90 per mile - (630) 971-8888 - www.303taxi.com

Education

- **Internet Dashboard for Seniors** - (912) 682-7016 - www.seniordashboard.com
- **The Older Adult Institute of the College of DuPage** - (630) 942-2700 - www.cod.edu/conted/oai/index.htm
- **The Seniors Guide to Computers** - www.seniorsguidetocomputers.com
- **Computer Classes** - see Public Libraries

Exercise

- **Hospital Wellness Centers** - call local Hospital Wellness Centers for availability
- **Indian Boundary YMCA** - exercise pool - (630) 968-8400 - www.indianboundaryymca.org
- **Park Districts** - see information elsewhere in the listing
- **Tai Chi for Seniors** - slow, gentle, dance-like movements of Tai Chi accumulates energy while calming you down- check with local park districts

Financial Assistance Programs

- **Energy Assistance Program (LIHEAP)** - low Income Home Energy Assistance Program. Can help winter heating costs. Eligibility determined by: household's size, income, geographical location and type of fuel used. Home visits are available to homebound persons; DuPage County - (800) 942-9412 - www.dupageco.org
- **Hopes Front Door** - a "walk-in-ministry", 1047 Curtiss St., #610, Downers Grove. Serving Darien, Downers Grove, DuPage Pads clients, Lisle, Westmont, Willowbrook and Woodridge. Available: Monday, Wednesday, Thursday, Friday 10:00am - 11:45 am. Monday 6:30-8:00 pm - (630) 322-9803 - www.walkinministryofhope.org
- **Love Christian Clearing House** - rental assistance, car repairs and utilities. Monday - Friday; 9:00 am – 12:00 pm. Monday and Wednesday 1:00 pm - 4:00 pm - 98 Naperville Road, Clarendon Hills - (630) 512-8665 - www.love-cc.org

- **St. Vincent DePaul**
 - **St. Joseph Parish** - (630) 964-0216
 - **St. Mary's Parish** - (630) 969-1063

Food Pantries

- **Catholic Charities** - for people in need of food, appointments - (630) 495-8008 ext 2100 - www.cc-doj.org
- **Direct2food** - connects by zip code to find people, places and programs in your area - www.direct2food.org
- **Fish** - serving Downers Grove, Lisle, Westmont residents only. Monday and Friday's 9:00 am – 11:00 am - 4340 Prince Street, Downers Grove, IL 60515 - (630) 964-7776 - www.dgfish.org
- **HCS Family Services** - for residents of Westmont, Burr Ridge, Oak Brook, Clarendon Hills, Hinsdale, Darien and Willowbrook. Monday's and Wednesday's 8:00 am to 10:30 am. Friday's 3:30 pm to 6:30 pm. Registration ends a half hour before Food Pantry closes. Please bring bags or boxes to carry items - 19 E. Chicago Avenue, 2nd Floor, Memorial Building, Hinsdale, IL 60521 - (630) 323-2500 - www.hcsfamilyservices.org
- **Immanuel Lutheran Church** - no residency restrictions. Each visitor is given a bag of non-perishable items, once per month, one bag per family. No ID necessary - 5211 Carpenter, Downers Grove, IL 60515. Tuesday's 1:00 pm – 3:00 pm and Thursday's 9:00 am – 12:00 pm - (630) 968-3112
- **Manna House** - Christian Worship Center, 1330 63rd Street, Downers Grove, IL 60515. Each third Saturday of the month at 9:00 am. Open to all residents - (630) 487-5639 - www.cwclife.com
- **Our Lady of Mt. Carmel** - serving residents of Darien, Burr Ridge, Lemont, Willowbrook, unincorporated Clarendon Hills, Downers Grove, Westmont and Hinsdale. Tuesday's 9:00 am - 11:00 am & 1:00 pm – 3:00 pm & Friday's 1:00 pm – 3:00 pm - 8404 S. Cass Avenue, Darien, IL 60561 - (630) 852-3303 - www.ourladyofmtcarmel.org
- **Our Lady of Peace** - residents of Burr Ridge, Darien, Willowbrook and unincorporated areas of Clarendon Hills and Hinsdale. Must provide proof of residence and photo ID. Wednesday's 9:30-11:00 am - 701 Plainfield Road, Darien, IL 60561 - (630) 323-4333 - www.olopdarien.org
- **People's Resource Center Southeast** - serving residents of DuPage County. Tuesday's 1:00 – 2:45 pm, Wednesday's 8:30-11:15 am, Thursday's 5:30 – 7:30 pm and Saturday's 8:30-11:15 am. Bring a photo ID and proof of residency (a utility bill, rent stub, etc.) - 649 Blackhawk Drive, Westmont, IL 60559 - (630) 682-5402 option 2 - www.peoplesrc.org
- **St. Mary's** - St. Vincent DePaul, 444 Wilson, Downers Grove, IL 60515. Downers Grove residents only, Wednesday's 9:00 am – 11:00 am - (630) 969-1063
- **St. Joseph** - serving residents of Downers Grove, Westmont and Woodridge residents east of 355. Bring current utility bill and current ID. Thursday's only 9:30 am - 11:30 am - 4824 Highland Avenue, Downers Grove, IL 60515 - (630) 964-0216
- **West Suburban Community Pantry** - Tuesday's, Thursday's and Saturday's from 8:30 am – 11:30 am. Thursday's 5:30pm – 7:30 pm - 6809 Hobson Valley Drive #118, Woodridge, IL 60517 - (630) 512-9921 - www.wcpinc.org

Food Stamps

SNAP (Supplemental Nutrition Assistance Program)

- **Department of Human Services, DuPage County** - 146 Roosevelt Road, Villa Park 60181 - (630) 530-1120 or (800) 843-6154 - www.dhs.state.il.us

Home Maintenance Programs

- **Downers Grove Home Chore Program** - provides a list of people who do chores, may not be free, call Sheryl Vlk - (630) 434-5500 - www.downers.us
- **DuPage Senior Citizens Council** - provides minor home repairs to seniors age 60 and above. Home repairs such as plumbing, cleaning gutters, minor electrical repairs, or installing safety equipment such as grab bars. Hourly rate: \$40.00. Call (630) 620-0804 ext 105 - www.dupageseniorcouncil.org
- **Home Repair and Renovation Loans** - there are two programs available through the Federally Funded SFR Community Development Block Grant program:
 - **Accessibility Grant** - this is a grant of up to \$4,999 to provide greater accessibility or diminishment of impairment for a severely disable household member.
 - **Single Family Rehabilitation Loan** - this is a 0% interest loan of up to \$24,000 designed to correct code violations and health and safety issues. It is not intended for remodeling or cosmetic work. Contact DuPage County Senior Services - (800) 942-9412 - www.co.dupage.il.us

Housing

- **Direct2housing** - locate housing resources and housing service providers - www.direct2housing.org
- **Pads** - array of services for homeless persons - 705 West Liberty, Wheaton, IL 60189 - (630) 682-3846 - www.dupagepads.org
- **Retirement Homes** - list is available at the Township office
- **Senior Housing Directory** - shared housing alternative, subsidized housing, supporting living facilities, independent and assisted living facilities. A list available at the Township
- **Shared Housing**
 - **Senior Home Sharing, Inc.** - (630) 407-0440 - www.seniorhomesharing.org
 - **Share Your Home** - DuPage County Division of Human Services (800) 942-9412 - www.co.dupage.il.us
- **Subsidized Housing** - if eligible, you may qualify for a rent subsidy. A federally funded programs that help people with low incomes to afford safe and decent rental housing. Contact - (630) 690-3555 - www.dupagehousing.org

Illinois Senior Olympics

The Illinois Senior Olympics state games are held annually the 3rd and 4th weekend of September in Springfield. Local and regional games are held throughout the state during the spring and summer. Men and women age 50 and older may compete in 30 event categories and team sports. Medals are awarded and qualified competitors are invited to go on to the National Competition, which is held in odd numbered years. Registration is free; other fees may apply - 1601 N. 5th Street, Springfield, IL 62702 - (217) 753-0700 - www.ilsenoly.org

Income Tax Preparation and Assistance

- **Income Tax Assistance Service** - AARP counselors helps during tax season at senior centers and some libraries
- **Illinois Department of Revenue** - 245 W. Roosevelt Rd., Bldg. #4, West Chicago, IL 60185 - (630) 293-8300 or (800) 624-2459 - www.revenue.state.il.us
- **Internal Revenue Services** - 2001 Butterfield Road, Downers Grove, IL 60515 - (800) 829-1040 - www.irs.gov

Legal Assistance

- **DuPage County Bar Association Lawyer Referral Service** - this DCBA service helps you connect with an attorney. The service offers up to a 30-minute consultation, with an attorney at no charge. The attorneys will charge their rate beyond that half hour. You are not obligated to hire the referred attorney nor is the attorney obligated to accept you as a client - 126 S. County Farm Road, Wheaton, IL 60187 - (630) 653-9109 - www.dcba.org
- **DuPage County Community Services - Senior Citizens Services** - provides names of attorneys who will prepare simple wills at reduced rates. Home visits are possible. Administers, Title II-E Gap Filing, legal services to assist with guardianship, powers of attorney, custody for grandparents raising grandchildren and other legal activities - 421 N. County Farm Road, Wheaton, IL 60187 - (630) 407-6500 or (800) 942-9412
- **Illinois Attorney General Consumer Complaints** - protecting consumers and businesses that have been victimized by fraud, deception or unfair competition is one of the primary functions - (800) 386-5438 - www.illinoisattorneygeneral.gov
- **Prairie State Legal Services, Inc.** - offers free legal services for low income persons and those over 60 who have serious civil legal problems and need legal help to solve them:
 - **Family Law** - protection from abuse or exploitation of domestic violence victims. Elderly, children and persons w/disabilities; divorce and related relief for domestic violence victims. Child support, custody, guardianship, visitation, parental rights, divorces for non-domestic violence victims.
 - **Housing Law** - evictions and lockouts, foreclosure defense, loss or denial of subsidized housing benefits, loss or denial of essential public utilities, substandard housing conditions cases that cannot be addressed by other agencies.
 - **Consumer Law** - bankruptcy or other debt relief. Consumer fraud; protection of exempt income and assets, unfair debt collection practices, repossession and contract defenses
 - **Education** - admission, expulsion, special education and related services.
 - **Health Care** - loss or denial of medical or nursing home care. Loss or denial of medical benefits (Medicaid, Medicare). Powers of attorney and other health care documents. Discrimination and reasonable accommodations.
 - **Needs-based government assistance** - loss or denial of SSI, GA, TANF, VA, food stamps
 - **Other income benefits where alternative representation is unavailable** - loss or denial of unemployment insurance, Social Security Title II benefits. Overpayments of government assistance; health insurance matters; employment issues.
 - **Staff attorneys do not handle criminal, traffic, personal injury, malpractice, workers' compensation** - 400 West Roosevelt Road, Wheaton 60187 - (630) 690-2130 - www.pslegal.org

Libraries

Books, records, and cassettes are delivered to homebound people by some libraries
www.publiclibrary.ws/county/Dupage.html

Clarendon Hills	7 N. Prospect, Clarendon Hills 60514	(630) 323-8188
Downers Grove	1050 Curtiss Street, Downers Grove 60515	(630) 960-1200
Hinsdale	20 E. Maple Street, Hinsdale 60521	(630) 986-1976
Indian Prairie	401 Plainfield Road, Darien 60561	(630) 887-8760
Westmont	428 N. Cass Avenue, Westmont 60559	(630) 964-7899
Woodridge	3 Plaza Drive, Woodridge 60517	(630) 964-7899

Meals on Wheels

- **DuPage County Meals on Wheels** - for home delivered hot/cold meals for seniors in need - (630) 407-6500 - www.dupageco.org/seniorsvcs

Medical Equipment and Supplies

- **Advocate Home Health Services** - (800) 564-2025
- **Make Life Easier** - health & personal care items - (800) 252-0227 - www.make-life-easier.com
- **Medical Equipment Connection** - email gomma7@aol.com
- **Our Lady of Peace Lending Closet** - various supplies, Mary Sackett - (630) 852-4330
- **Oak Trace Retirement Community** - various medical equipment at reduced prices (630) 769-5015 - www.oaktracedg.com
- **Westmont Pharmacy** - (630) 969-2044 - www.westmontpharmacy.com

Money Management Program

The Money Management Program is co-sponsored by AARP and the Illinois Department on Aging. Community Care Program; DuPage County Senior Services - (630) 407-6500 or (800) 942-9412.

Passport Service

Applications accepted and photos taken, Monday through Friday between 9:00 am – 3:30 pm at the Township office - (630) 719-6610 - www.dgtownship.com - **Requirements** - proof of citizenship, proof of identity, one photograph

Prescription Drugs

- **Coast2Coast Rx Prescription Card** - save up to 75% on prescriptions, ready to use with no limits on usage, no paperwork to fill out, no expiration date, everyone is accepted. Over 60,000 participating pharmacies including all chain pharmacies, available at Township office - (800) 931-8872 - www.coast2coastrx.com
- **Medicare Part D, Prescription Drug Coverage** - a prescription drug benefit for all Medicare beneficiaries. Plans vary, enrollees pay a monthly premium and a share of the prescription drug costs - (800) 633-4227 - www.medicare.gov
- **Pharmaceuticals** - write for a free booklet on availability of free medications – PHRMA, 1100 15th St. NW, Washington, DC 20005
- **Senior Health Insurance Program (SHIP)** - see page 1, "Downers Grove Township: Senior Services"

Property Tax Exemptions for Seniors

- **Senior Assessment Freeze Homestead Exemption** - freezes the equalized assessed value of your property at the base year amount. It does not freeze the amount of your property tax bill, which will increase if the tax rate increases. Eligibility: must be 65 years of age and have total household income of no more than \$55,000. Applications must be signed and notarized. For more information or to receive an application, call the Supervisor of Assessments Office - (630) 407-5858.
- **Senior Homestead Exemption** - to qualify you must be 65 by December 31st of the assessment year for which the application is made. Own and occupy the property and be liable for the payment of real estate taxes on the property. The exemption provides a \$4,000 reduction from the equalized assessed valuation. Applications available at the Assessor's Office within the Township office - (630) 719-6630.
- **Social Security Administration** - retirement Estimator gives estimates based on your actual Social Security earnings record - 7440 Providence Drive, Woodridge, IL 60517 - (800) 772-1213 - www.ssa.gov

Recreational Activities and Senior Program

Burr Ridge Park District

15W400 Harvest Drive
Burr Ridge, IL 60527
(630) 920-1969
www.brparcs.org

Clarendon Hills Park District

315 Chicago Avenue
Clarendon Hills, IL 60514
(630) 323-2626
www.clarendonhillsparkdistrict.org

Darien Park District

7301 Fairview Avenue
Darien, IL 60561
(630) 968-6400
www.darienparcs.com

Downers Grove Park District

Senior Center at Lincoln Center
935 Maple Avenue
Downers Grove, IL 60515
(630) 963-1300
www.dgparks.org

Hinsdale Parks & Recreation

Memorial Bldg 19 E. Chicago Ave
Hinsdale, IL 60521
(630) 789-7090
www.villageofhinsdale.org/pr

The Community House

415 W. Eighth Street
Hinsdale, IL 60521
(630) 323-7500
www.thecommunityhouse.org

Westmont Park District

55 E. Richmond Street
Westmont, IL 60559
(630) 969-8080
www.wpd4fun.org

Willowbrook Parks & Rec

7760 Quincy Street
Willowbrook, IL 60527
(630) 920-2251
www.willowbrookil.org

Reverse Mortgage Loans

- **DuPage Homeownership Center** - offers free, confidential, unbiased information to senior homeowners about benefits and risks of reverse mortgages - (630) 260-2500 option 2501 - www.dhoc.org
- **Private Financial Institutes** - call your bank to inquire. Homeowners are strongly encouraged to meet with an independent counseling service that provides answers and advice regarding reverse mortgages. For information call the U.S. Department of Housing and Urban Development - (312) 353-5680 or (217) 492-4120 - www.hud.gov

Safety Programs

- **American Medical Alert Company** - (800) 770-5355 - www.amac.com
- **File of Life** - an emergency medical card listing vital information. All Township Fire and Law Enforcement personnel are trained to look for the File of Life on the refrigerator door. Can be purchased for a \$1.00 at the Township office also some fire departments.
- **Guardian Program** - a computerized phone call to check on registered seniors, if you fail to respond, help is summoned to your home. DuPage County Sheriff's Office - (630) 682-7256 - www.dupagesheriff.org
- **Missing Persons' Locator** - the Sheriff's Program for At-Risk Residents (SPARR) is designed for persons who tend to get confused, lost or disoriented. The Sheriff's Office stores personal information and a photograph. DuPage County Sheriff - (630) 407-2400 - www.dupagesheriff.org
- **911 Emergency Cell Phones** - are programmed to dial 911. Phones cannot make or receive other outside calls. Downers Grove Police Department - (630) 434-5600 or DuPage County Sheriff's Office - (630) 682-7256.
- **Personal Response Devices** - are designed to summon help in an emergency by pressing a "button" on the pendant. This causes the telephone to dial an emergency number. These services

may also include medication reminders and motion sensors. Companies that offer this service include:

- **ADT Home Health Security System** - (877) 291-3604 - www.adt.com
- **Lifeline** - (800) 368-2925 - www.lifelinesystem.com
- **Safety Inspections** - inspections are provided by local police and fire departments. Police departments also provide security surveys of your home and "vacation watch programs". Call your local police or fire department to inquire.
- **Send Police Cards** - For emergency use in cars. Available at the Township office.
- **Visor Cards for Deaf or Hard of Hearing** - cards are used to alert traffic officers about a possible communication problem, available at the Township office.

Senior Citizens Clubs

- **Darien Seniors Club** - meets on the 2nd Wednesday of every month at 12:00 pm at the Darien Sportsplex - 451 Plainfield Rd, Darien, IL 60561 - (630) 789-6666.
- **Young at Heart Seniors** - meets the 1st Thursday of every month at 10:00 am at Our Lady of Mt. Carmel Church - 8404 S. Cass Avenue, Darien, IL 60561. Contact - Alice Durocher - (630) 789-2187.
- **Younger Than Ever Seniors** - Our Lady of Peace (must be a member of the church). Meets on the 1st Wednesday of every month at 12:00 pm at the Darien Sportsplex - 451 Plainfield Rd, Darien, IL 60561 - (630) 789-6666

Veterans

- **DuPage County Vet Center** - 750 Shoreline Drive #150, Aurora IL - (630) 585-5372 - Illinois Department of Veterans Affairs, claims for the state, also issues ID cards for veterans.
- **The Veterans Association Commission of DuPage County** - 421 N. County Farm Road, Wheaton, IL is an emergency financial and referral assistance program designed to help DuPage veterans and their families through difficult times.
- **Door-to-Door Transportation to Hines Hospital** - contact the DuPage Veterans Assistance Commission - (630) 407-5655 at least 3 days before your appointment. This is for medical appointments ONLY. Transportation goes to Hines, 161 South Lincolnway, North Aurora, IL 60542, and 20 Douglas Ave, Elgin, IL 60120. Cost is \$10.00 for one-way, \$20.00 round trip - www.dupageco.org/vac
- **IDVA Office** - 421 County Farm Road, Wheaton, IL 60187 (630) 690-9449, Lombard Office - (630) 495-9460
- **Hines Hospital** - 5000 S. 5th. Avenue, Hines, IL 60141. Take the Metra train to Brookfield, then take the #331 Cumberland bus, northbound, and that will take you directly to Hines Hospital - (708) 202-8387 - www.hines.va.gov

Villages

- **Burr Ridge** - 7660 County Line Road, Burr Ridge, IL 60527 - (630) 654-8181 - www.burr-ridge.gov
- **Clarendon Hills** - 1 N Prospect Ave, Clarendon Hills, IL 60514 - (630) 286-5400 - www.clarendonhills.us
- **City of Darien** - 1702 Plainfield Road, Darien, IL 60561 - (630) 852-5000 - www.darien.il.us
- **Dowers Grove** - 801 Burlington Ave, Downers Grove, IL 60515 - (630) 434-5500 - www.downers.us
- **Hinsdale** - 19 E Chicago Ave, Hinsdale, IL 60521 - (630) 789-7000 - www.villageofhinsdale.org
- **Lemont** - 418 Main Street, Lemont, IL 60439 - (630) 257-1550 - www.lemont.il.us
- **Westmont** - 31 W Quincy Street, Westmont, IL 60559 - (630) 981-6200 - www.westmont.illinois.gov

- **Willowbrook** - 7760 Quincy Street, Willowbrook, IL 60527 - (630) 323-8215 - www.willowbrook.org
- **Woodridge** - 5 Plaza Drive, Woodridge, IL 60517 - (630) 852-7000 - www.vil.woodridge.il.us

Volunteer Work

- **District 58 OAK Program** - connects Older Adults with Kids through volunteer opportunities at local schools - (630) 719-5805 - www.dg58.org/domain/63
- **Downers Grove Park District Senior Center** - Lincoln Center, 935 Maple, Downers Grove, IL 60515 - (630) 963-1314 - www.dgpc.org
- **DuPage County Senior Services** - also inquire at places such as: Adult Day Care Centers, Hospitals, Schools, Arboretum, Forest Service and Museums - (800) 942-9412 - www.co.dupage.il.us
- **Giving DuPage** - connects donors and volunteers involved in local agencies. Encourage you to get involved in your community - 421 North County Farm Road, Wheaton, IL 60187 - (630) 407-6458 - www.givingdupage.org
- **Good Samaritan Hospital** - volunteer Services, contact Sharon Boziak - 3815 Highland Avenue, Downers Grove, IL 60515 - (630) 275-1181
- **Hinsdale Community House** - volunteer Services, contact Marcy McGonagle or Kate Vogts - (630) 323-7500 - www.thecommunityhouse.org
- **SEASPAR** - 4500 Belmont Road, Downers Grove, IL 60515 - (630) 960-7600 - www.seaspar.org

White House Greeting Cards

The White House will send greeting cards signed by the President of the United States, free of charge to U.S. citizens. Your request must be received six weeks in advance; requests are currently taking several months:

- Anniversary greetings are extended only to couples that are celebrating their 50th (and subsequent) wedding anniversary. Include number of years of marriage.
- Birthday greetings will be sent only to individuals 80 years of age and above, or veterans turning 70 or older. Include exact age of person to receive card.
- Include the following in your request:
 - Full name, address of honoree(s), form of address (Mr., Ms., Mrs., Dr., Miss, etc.)
 - Exact date of occasion (month, day, year)
 - Your (the requestor's) name and daytime phone number
 - Plus any specific mailing instructions

Send your request to: The White House Greetings Office, 1600 Pennsylvania Avenue NW Washington, DC 20502-0039 - www.whitehouse.gov - fax - (202) 456-2461

Websites & Phone Numbers

Name	Number	Website
AARP	(866) 448-3613	www.aarp.org
Adult Children of Alcoholics	(630) 627-4441	www.niafg.org
Alcoholic Anonymous	(630) 887-8671	www.aa.org
Alzheimer's Association	(800) 272-3900	www.alz.org
American Cancer Society	(800) 227-2345	www.cancer.org
American Council of the Blind	(800) 424-8666	www.acb.org
American Diabetes Association	(800) 342-2383	www.diabetes.org
American Heart Association	(312) 346-4675	www.heart.org
Arthritis Foundation	(800) 735-0096	www.arthritis.org
American Lung Association	(312) 781-1100	www.lung.org

Consumer Protection Hotline	(800) 243-5377
DuPage County "C.R.I.S."	(800) 942-9412
DuPage Election Commission	(630) 407-5600
DuPage Senior Citizen Services	(630) 407-6500
Eldercare Locator Nationwide	(800) 677-1116
Epilepsy Foundation of Chicago	(312) 939-8622
Families Anonymous	(800) 736-9805
Good Samaritan Hospital	(630) 275-5900
Habitat For Humanity	(800) HABITAT
Health Topics A-Z	
Hinsdale Hospital	(630) 545-8000
HIV, AIDS, STD Hotline	(800) 243-2437
Human Services Help Line	(800) 843-6154
Illinois Department of Aging	(800) 252-8966
Immigration & Naturalization	(800) 375-5283
Internet Learning	
Medicaid	(800) 843-6154
Medicare	(800) 633-4227
Medicare Fraud and Abuse Hotline	(800) 447-8477
National Institute on Alcohol Abuse	(800) 662-4357
National Institute on Aging	(800) 222-2225
National Family Caregivers Assoc.	(800) 896-3650
National Do Not Call (every 3 years)	(888) 382-1222
National Do Not Mail (every 3 years)	(866) 284-5816
National Multiple Sclerosis Society	(800) 344-4867
Nursing Home Hotline	(800) 252-4343
Overeater's Anonymous	(708) 346-0000
PADS (public action deliver shelter)	(630) 682-3846
Parkinson's Disease Association	(800) 223-2732
Secretary of State's Drivers Office	(800) 252-2094
Senior Suburban Orchestra	(630) 935-7103
Sharing Connections (furniture)	(630) 971-0565
Social Security Administration	(800) 772-1213
Substance Abuse - DuPage Co	(630) 407-6400
National Suicide Prevention	(800) 273-8255
Taxpayer Assistance (IRS)	(800) 829-1040
Taxpayer Assistance (State)	(800) 732-8866
Unemployment Office	(630) 495-4345
Veterans Hines Hospital	(630) 407-5655

www.illinoisattorneygeneral.gov
www.dupagecris.org
www.dupageco.org/election/
www.dupageco.org
www.eldercare.gov
www.epilepsyfoundation.org
www.familiesanonymous.org
www.advocatehealth.com/gsam
http://www.habitat.org
www.webmd.com
www.keepingyouwell.com/ahh
www.idph.state.il.us
www.dhs.state.il.us/
www.state.il.us/aging
www.uscis.gov
www.learnthenet.com
www2.illinois.gov/health-safety
www.medicare.gov

www.niaaa.nih.gov
www.nia.nih.gov
www.thefamilycaregiver.org
www.donotcall.gov
www.directmail.com
www.nationalmssociety.org
www.idph.state.il.us
www.oa.org
www.dupagepads.org
www.apdaparkinson.org
www.cyberdriveillinois.com
www.suburbanorchestra.org
www.sharingconnections.org
www.socialsecurity.gov
www.dupage.org/psych
www.suicidepreventionlifeline.org
www.irs.gov
www.revenue.state.il.us
www.unemploymentoffice.net
www.dupageco.org/vae