

SEPTEMBER 2022

Daily literacy-building activities to share with your child.



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SUNDAY



MONDAY



TUESDAY



WEDNESDAY

THURSDAY

1 WRITING

Label things today.
Chair. Shoe. Door.
Tell your child what
the labels say.



FRIDAY

2 PLAYING

Blow bubbles today. This
strengthens muscles
needed for speech.

SATURDAY

3 TALKING

Discuss opposites. Show
examples of big and small,
night and day, light and
dark.

4 SINGING

Clap your hands
to the beat of a
favorite song.



5 COUNTING

Lace Cheerios-type cereal
onto a piece of yarn. Count
them as you go.

6 READING

Read a book about insects
that are active in late
summer, like crickets or
cicadas. Talk about how you
can hear them at night.

7 WRITING

Write your to-do list
together. Have your child
check off each task as it is
completed.

8 PLAYING

Play alphabet search today.
Take turns picking a letter
and searching for it.

9 TALKING

Ask your child "What is your
favorite game to play?" Talk
about why and play it if you
can.

10 SINGING

Sing a favorite song in parts.
You sing, then your child,
then you, and so on.

11 COUNTING

Count aloud as your child
puts pebbles in a container
one at a time, up to ten.

12 READING

Have a family book club.
Each person
brings a book
for a story
time.



13 WRITING

Pop bubble wrap or play
with squirt toys to develop
muscles needed for writing.

14 PLAYING

Tape a sheet of contact
paper to the wall, sticky side
out. See which toys stick
and which do not.

15 TALKING

Make silly sounds today.
Encourage your child to
also make silly sounds.

16 SINGING

Play talent show. Each
person sings a song or plays
an instrument. (Instruments
can be any noise-making
items around the house.)

17 COUNTING

Take a walk and count how
many birds or squirrels you
see.



18 READING

Pick a favorite book. Ask
your child to tell you what
happens before you start
reading.

19 WRITING

Using your fingers draw
shapes in the air. Take turns
guessing what each person
drew.

20 PLAYING

Go on a scavenger hunt.
Look for things that begin
with the "p" sound, like a
plate, a pan, a pen.

21 TALKING

Take turns telling each other
simple stories.



22 SINGING

Sing or say "If You're Happy
and You know It."
(Words are on the back. ➡)

23 COUNTING

Use blocks to measure how
long something is. How
many blocks long is your
arm, your foot, etc.?

24 READING

Hang up a piece of paper
with the words to "Are You
Sleeping?" and sing it every
morning and night.

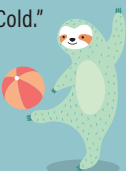
(Words are on the back. ➡)

25 WRITING

Write your child's first name.
Talk about the first letter of
their name. Make the sound
and say words that begin
with the letter.

26 PLAYING

Play "Hot and Cold."
(Instructions
are on the
back. ➡)



27 TALKING

Use family photos to tell
different stories. Encourage
your child to tell a story.

28 SINGING

Sing or say "If You're Happy
and You Know It."
(Words are on the back. ➡)

29 COUNTING

Count the number of pages
in a short book.

30 READING

Ask your child questions as
you read to them today.
*What do you think will happen
next? Where did the little dog
go?*



Playing to Learn New Words

Play and have fun with words:

- Read a book with lots of made-up words like “How Do You Wokka-Wokka?” by Elizabeth Bluemle. Try making up more words to go with the story.
- Silly poems are fun and can teach new vocabulary.
- Kids love riddles and jokes, which often use a “play on words.” Laugh along as you talk about the answer to the riddle or joke.
- Having fun with words helps your child become more conscious of words and happy to keep learning.

IF YOU'RE HAPPY AND YOU KNOW IT

If you're happy and you know it clap your hands.

(clap, clap)

If you're happy and you know it clap your hands.

(clap, clap)

If you're happy and you know and you really want to show it, if you're happy and you know it clap your hands.

(clap, clap)

OTHER VERSES: STOMP YOUR FEET! TURN AROUND! SHOUT HOORAY! DO ALL FOUR!

ARE YOU SLEEPING?

Are you sleeping, are you sleeping?

Brother John, Brother John?

Morning bells are ringing, morning bells are ringing,

Ding ding dong, ding ding dong.



HOT AND COLD

1. Select a household item for hiding.
2. The finder closes their eyes while the hider hides the item somewhere in the room.
3. The finder searches for the item while the hider provide clues.
4. When the finder is close to the item, the hider responds “you’re hot!”
5. When The finder is far from the item, the hider responds “you’re cold!”
6. Take turns being the hider and the finder.

Books to Read this Month

Check out these books at the library. If they are not available, ask the librarian for a recommendation.

FOR READERS AGES 0-3

Hello, World! Backyard Bugs

by Jill McDonald

I Took the Moon for a Walk

by Carolyn Curtis

FOR READERS AGES 3+

The Backyard Bug Book for Kids

by Lauren Davidson

The Cool Bean

by Jory John

